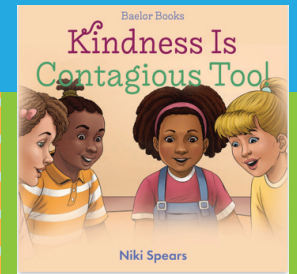


2021

KINDNESS IS FEBRUARY CONTAGIOUS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Smile at someone you don't know today.	2 Kindness Is Contagious Too! Book Reading	3 Start a Kindness Club in your classroom/school	4 Compliment Someone Today	5 Read: The Hand Hug Give a Hand Hug Slip to someone today.	6 Help with chores without being asked
7 Do something nice for yourself today	8 Compliment someone today	9 Kindness Is Contagious Too! Book Reading	10 Bring flowers OR draw a picture of flowers to give to your teacher.	11 Smile at someone you don't know today.	12 Stick a nice message on your parent/caregiver's mirror.	13 Help with chores without being asked
14 Dance to your favorite song!	15 Leave a nice note in a friend's notebook.	16 Kindness Is Contagious Too! Book Reading	17 Leave a kind note or draw a picture for a parent or caregiver today	18 Tell a friend how much you appreciate them.	19 Plan a family movie night.	20 Help with chores without being asked
21 Compliment yourself today!	22 Make a phone call to a loved one (grandparent, aunt, uncle, etc.) to say "I love you."	23 Kindness Is Contagious Too! Book Reading	24 Give a Hand Hug Slip to someone today.	25 Thank a Teacher	26 Ask parent or caregiver "How I help you today?"	27 Help with chores without being asked



"KINDNESS COSTS NOTHING, BUT MEANS EVERYTHING."



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Make a class kindness calendar to keep it going!

CALENDAR

Positive Kids Today